



**LEARN SHEFFIELD  
GOVERNANCE CONFERENCE 2024  
SATURDAY 15TH JUNE 2024, 10.00-12.30PM  
(REFRESHMENTS AND NETWORKING BREAKFAST  
FROM 9:30 AND SASGB AGM TO FOLLOW AT 12:30)  
ALBION HOUSE, SAVILE STREET, S4 7UD**


**The session will include presentations, discussions and time for questions, with the first half focusing on the following topics:**


- Understanding how our mood and mindset work to create resilience or vulnerability.
- The 3 thinking pillars that work together to create success WITH happiness.
- Meet your saboteurs. How knowing them helps us manage our thinking and our communication with others.
- Building the powers that keep us mentally fit by creating the optimism habit as a neural pathway.
- Using a coaching conversation framework to improve communication and positive outcomes.
- What can governors do to support mental fitness in school?

**The second half of the morning will explore:**

The benefits of developing a resilient focused organisation with Values-based Education at its heart, We will consider what it means to flourish as an organisation and explore tools that empower leaders to give clarity of direction, with questions and reflections.

**CONTACT US**

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**FREE PARKING  
AVAILABLE ON SITE**