

Primary PE, School Sport & Physical Activity- Sheffield Case Study

Name of School	Nether Green Junior School
Area of Focus	Physical Activity & Ensuring 30 Minutes Per Day for All: Physically Active Learning (across the curriculum), Active Interventions, Active Travel, Targeted Groups, Active Environments in school, System for monitoring activity of pupils

Intent: What did you set out to achieve? Why was this needed?

We set out to increase the opportunities for our children to engage in physical activity during their outside play and thus help them to achieve 30 active minutes each day.

These were the reasons why this has been one of our key focusses this academic year:

- The impact of COVID on children's physical, social and mental wellbeing
- Large numbers of children inactive during break and lunchtimes
- Children engaging in silly behaviour whilst out on the yard

Implementation: What did you do and how have you done this?

Using the Sport Premium funding we purchased a playground trolley for each year-group. These have then been filled with footballs, netballs, basketballs and other equipment like skipping ropes, table tennis bats and bean bags etc. PE Ambassadors have then been selected to be responsible for their year group's playground trolley at break and lunchtimes. They bring the trolley out 5-minutes prior to outside play starting and then they take the trolley back to the Sports Hall once their break/lunchtime has finished. We also used Sports Premium to purchase new basketball nets and spray a four square grid for one of our year-groups to trial.

Impact: What were the results and how did you know?

From monitoring break and lunchtimes across the year-groups, it's clear that more of our children are physically active during their outside play. The trolleys have allowed us to maximise the equipment we can provide, but also improve the variety on offer. This has given our children the chance to engage in physical activity if they want to and also the flexibility to decide which sport or activity they would like to participate in on a particular day. We've also seen improvements with behaviour, with teachers feeding back that they've seen incidents fall as a result of the trolleys being introduced. This is due to more children having a clear focus during their outside play and groups of children spreading out into different areas.

3 Top Tips for Other Schools to Implement Something Similar?

1. Spend a little more to acquire durable playground trolleys.
2. Give the responsibility to the children to look after the trolleys.
3. Involve lunchtime supervisors so they are engaged with your focus and implementation.

